

VINORELBINE (IV) CISPLATIN

INDICATION (ICD10) C34

1. Palliative treatment of unresectable NCSLC. (licensed 1st line stage 3 or 4)
2. Neoadjuvant treatment prior to radical chemoradiotherapy and adjuvant treatment of patients following complete resection of non-small cell lung cancer. (unlicensed)
PS 0, 1, 2

REGIMEN

- Day 1 Prehydration
 VINORELBINE 25mg/m² in 50ml sodium chloride 0.9% IV infusion over 10 minutes
 CISPLATIN 80mg/m² in 1000ml sodium chloride 0.9% IV infusion over 2 hours
 Post hydration
- Day 8 VINORELBINE 25mg/m² in 50ml sodium chloride 0.9% IV infusion over 10 minutes

CYCLE FREQUENCY AND NUMBER OF CYCLES

- Every 21 days for 2 or 3 cycles (neoadjuvant and adjuvant)
 Every 21 days up to 4 cycles (palliative)

ANTI-EMETICS

- High emetic risk day 1
 Minimal emetic risk day 8

CONCURRENT MEDICATION REQUIRED

Cisplatin	Ensure adequate pre and post hydration. If urine output is <100ml/hour or if patient gains >2kg in weight during IV administration post cisplatin give 20-40 mg furosemide PO/IV.
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EXTRAVASATION AND TYPE OF LINE / FILTERS

- Cisplatin – exfoliant
 Vinorelbine - vesicant

Central line

INVESTIGATIONS

- Blood results required before SACT administration
 FBC, U&E and LFTs every week
 Neutrophils x 10⁹/L ≥1.5
 Platelets x 10⁹/L ≥100
 Ideally EDTA GFR should be used
 Creatinine clearance (GFR) calculated, at the Consultants discretion
 Serum creatinine
 Baseline weight

MAIN TOXICITIES AND ADVERSE REACTIONS

Cisplatin	Nephrotoxicity – ensure adequate pre and post hydration is prescribed. Ototoxicity – assess patient for tinnitus or hearing abnormalities.
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INTERACTIONS WHICH MAY REQUIRE DOSE MODIFICATIONS
(not exhaustive list check SPC/BNF/Stockleys)

Cisplatin	Aminoglycosides increased risk of nephrotoxicity and ototoxicity. Renal function should be well monitored and audiometric tests as required. Cisplatin can cause a decrease in phenytoin serum levels. This may lead to reappearance of seizures and may require an increase of phenytoin dosages.
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DOSE MODIFICATIONS

Haematological

Vinorelbine

Omit day 8 based on platelets - clinical decision

Non-haematological

If patient complains of tinnitus, tingling of fingers and/or toes, discuss with SpR or Consultant before administration.

Hepatic impairment

Vinorelbine

Severe impairment	dose of 20mg/m ² is recommended
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Renal impairment

Cisplatin

CrCl >60ml/min	give 100% dose
CrCl 50-59ml/min	give 75% dose
CrCl 40-49ml/min	give 50% dose (curative intent) not recommended (palliative intent)use a carboplatin regimen
CrCl <40ml/min	not recommended use a carboplatin regimen

REFERENCES

1. Wozniak AJ et al. J Clin Oncol 1998; 16: 2459-2465